



# SUNSHINE GANG

## Happy THANKSGIVING



### EVENTS

**Thanksgiving Dinner**  
**November 16th • 11:30AM**

#### **National Diabetes Month**

More than 1 in 3 adults in the United States have prediabetes — and many of them don't know it. National Diabetes Month is a time to raise awareness about diabetes as an important public health issue and encourage people to take charge of their health.

#### **National COPD Awareness Month**

Every November, we raise awareness about COPD and encourage people to know their risk. To learn more about COPD, check out the National Heart, Lung, and Blood Institute's [resources for professionals, patients, and caregivers.](#)

