

## **SPARTA-WHITE CO FAMILY YMCA**

## Y POOL SCHEDULE

August 1st - September 5th

|                               | Monday                                  | Tuesday                               | Wednesday                               | Thursday                              | Friday                                  | Saturday                                 | Sunday                    |
|-------------------------------|---|---------------------------------------|---|---------------------------------------|---|--|---------------------------|
| 7:00 AM<br>8:00 AM<br>9:00 AM | Pool Closed                             | Pool Closed                           | Pool Closed                             | Pool Closed                           | Pool Closed                             |  |                           |
| 10:00 AM                      | Water Aerobics<br>10:00 -11:00<br>Julie | Aquabilities<br>10:00 - 11:00<br>Nina | Water Aerobics<br>10:00 -11:00<br>Julie | Aquabilities<br>10:00 - 11:00<br>Nina | Water Aerobics<br>10:00 -11:00<br>Julie |  |                           |
| 11:00 AM                      |   |                                       |   |                                       |   |  |                           |
| 12:00 PM                      | Pool Closed                             | Pool Closed                           | Pool Closed                             | Pool Closed                           | Pool Closed                             |  |                           |
| 1:00 PM                       | 11:00 - 3:30                            | 11:00 - 3:00                          | 11:00 - 3:30                            | 11:00 - 3:00                          | 11:00 - 3:30                            | Community<br>Swim<br>11:00 - 4:00        | Pool Party<br>Reservation |
| 2:00 PM                       |   |                                       |   |                                       |   | 11.00 4.00                               | 1:00 - 3:00               |
| 3:00 PM '                     |   | Lap Swim                              |   | Lap Swim                              |   |  |                           |
| 4:00 PM                       | Community Swim<br>3:30 - 7:00           | 3:00 - 5:00                           | Community Swim<br>3:30 - 7:00           | 3:00 - 5:00                           | Community Swim<br>3:30 - 7:00           |  |                           |
| 5:00 PM                       | 3:30 - 7:00                             | Water Aerobics<br>5:00 - 5:45<br>Nina | 3:30 - 7:00                             | Water Aerobics<br>5:00 - 5:45<br>Nina | 3:30 - 7:00                             | Pool Party<br>Reservation<br>4:30 - 6:30 |                           |
| 6:00 PM                       |   |                                       |   |                                       |   |  |                           |
| 7:00 PM                       |   |                                       |   |                                       |   | Pool Party<br>Reservation                |                           |
| 8:00 PM                       |   |                                       |   |                                       |   | 7:00 - 9:00                              |                           |
| 9:00 PM                       |   |                                       |   |                                       |   |  |                           |