

Sunshine Gang



FEBRUARY



2026

**FRI
13th**

DEVOTION & DONUTS

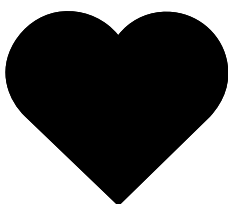
➤ 9:00AM at the YMCA

**FRI
27th**

PIZZA & BINGO

Bring a bag of your favorite candy!

➤ 12:00PM at the YMCA



FEBRUARY IS AMERICAN HEART MONTH!

Tips for a healthy heart:

Get active

Control cholesterol

Reduce blood sugar

Quit smoking

Eat well

Manage blood pressure

Watch weight

For more information:

